

Approved by
President of Athletics Federation of Lviv region

Mandrona M.V.

Approved by
Director of
NGO "Run Ukraine"

Chernitskyi D.L.

Approved by
Head of the Department of Youth and Sports of
Lviv City Council

Nikulin A.V.

«4th MOLOKIYA LVIV HALF MARATHON 2019»
Regulations

1. Date, Time and Location

Date: June 09, 2019

Time: 08:00 a.m.

Location: Lviv

Start and finish points: Lviv, 28 Svobody ave. (by the Theatre of Opera and Ballet)

2. Race Objectives

«MOLOKIYA LVIV HALF MARATHON» (hereinafter - the Race) is held to popularize and promote mass running events in Ukraine, as well as:

- to popularize and promote healthy lifestyle
- to develop mass sports
- to integrate Ukraine into the global marathon movement
- to inform, nurture and motivate Ukrainian public, to facilitate achievement of personal and athletic goals, to stimulate growth of sports achievements among the country's wide grass-root population.

3. Organizers, Patronage and Sponsors

NGO "Run Ukraine" serves as the Race Organizer.

Under the auspices of:

- Lviv City Mayor Sadovyi A.I.
- Athletics Federation of Lviv Region
- Department of Youth and Sports of Lviv City Council

The Organizer establishes an Organizing Committee from among its own staff, as well as engages sport-specific specialist from various sports.

The Organizing Committee consists of:

- Lviv City Mayor Sadovyi A.I. - the Head of the Organizing Committee
- Race Director, Chernitskyi D.L.;
- Project Manager, Tretiakov I.O.;
- President of the Athletics Federation of Lviv Region, Mandrona M.V.;
- Head Referee of the Race, Pavlius R.M.;
- Athletes Manager, Lishchynska I.A.

4. The Race Program

June 8, 2019:

10:00 – 20:00 - Distribution of starter's packages to the participants

June 9, 2019:

07:00 – Opening of the Race Village;

07:00 – 15:00 – Luggage storage available;

07:30 – Warm-up for adults;

07:50 – Opening of the starting block for 21.0975 km, Relay | 3×5 km +1×6.0975 km, Team 4x21.0975 km;

07:50 – Opening ceremony of Molokiya Lviv Half Marathon 2019;

08:00 – Start on the courses of 21.0975 km, Relay | 3×5 km +1×6.0975 km, Team 4x21.0975 km;

08:20 – Start on the 4.2 km course, Security Cup team;

09:30 - Award ceremony for absolute winners on the Rexona Mini Marathon 4.2 km course, Security Cup team;

09:45 - Award ceremony for absolute winners on the courses of 21.0975 km, Relay | 3×5 km +1×6.0975 km, Team 4x21.0975 km;

11:15 - Start on the 10 km course;

11:25 – Start on the 1.6 Herbalife Family Run course;

11:35 - Award ceremony in age groups for the 21.0975 km course, category “The biggest running club”, category “The biggest corporate team”;

13:15 - Award ceremony for absolute winners on the 10 km course;
12:50 – Start on the 1,000 meter course (girls);
13:00 – Start on the 1,000 meter course (boys);
13:10 – Start on the 500 meter course (girls);
13:20 – Start on the 500 meter course (boys);
13:30 – Start on the 100 meter course (general start);
13:35 - Award ceremony for winners on the 1000 m, 500 m courses;
15:00 – Closing of the “Race Village”.

You need to come to the Svobody Square at least 1 hour before your race to change, leave your things at the luggage storage, find your starting block and warm up.

5. Race Entry Conditions

Participants enter the Race upon presenting the required documents at the time of receiving their "starter's packages":

- A starter's letter printed out and signed by the participant (the starter's letter can be found in the personal profile or in the e-mail box after a successful payment);
- An ID certifying the age of the participant (mandatory for all participants);
- A document certifying the right for free participation in the Race or for a discount payment of entry fees.

All registered participants bear sole responsibility for their lives and health regarding the competition, and sign appropriate statement.

Participants aged 14 through 15 (for the courses of 4.2 km, 5 km) and participants aged 15 (for the course of 10 km) must also have the Parental (legal representative) consent to participation of a minor in the race on the courses of 5 km or 10 km (Annex 2 or Annex 3 respectively)

All registered participants are responsible on their own for their lives and health regarding the competition, and sign appropriate statement.

Please, notice!

- Starter's package and participant's package are not given to the participant if ID is not provided;
- Only participants aged 18 or older are admitted to the course of 21.0975 km. The age of a participant is determined as of December 31, 2019 based on submitted documents.

6. Courses and Routes

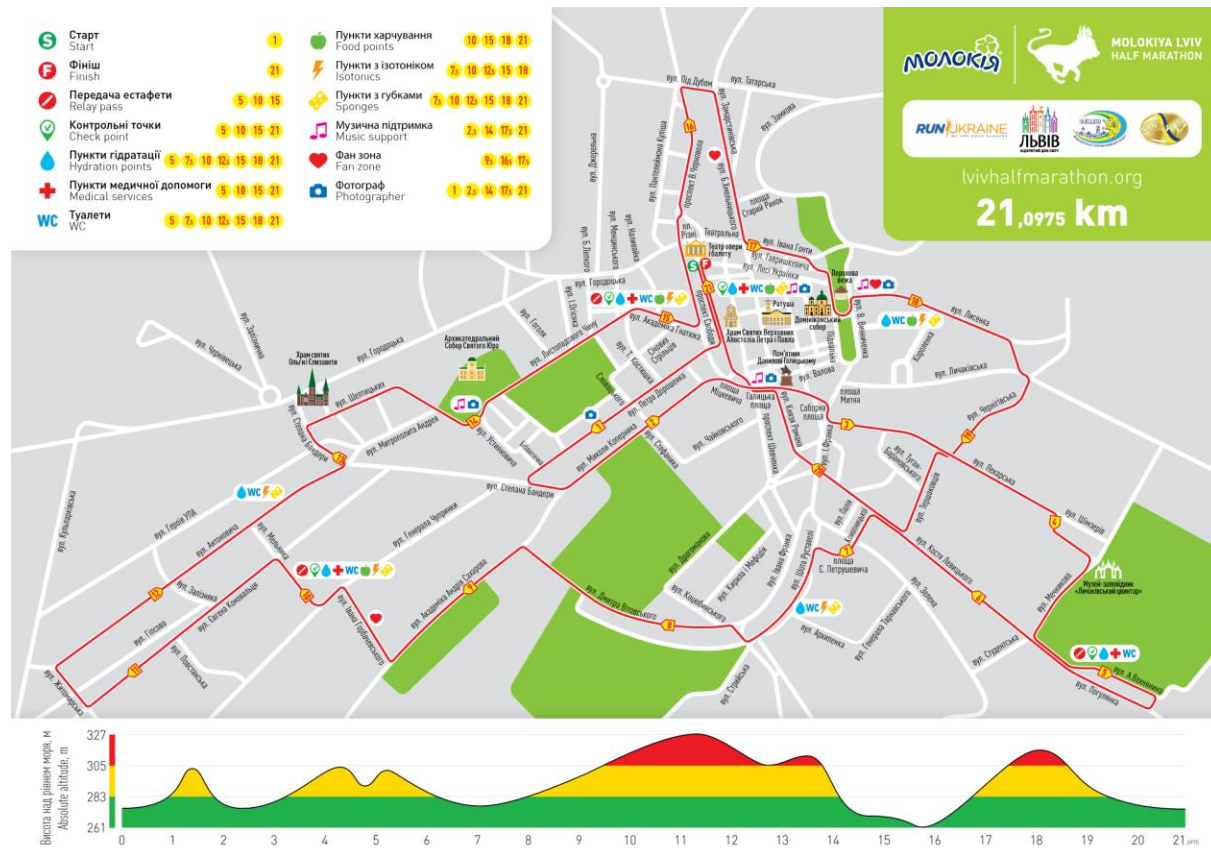
The route of the 21.0975 km/Relay | 3×5 km +1×6.0975 km/ Team 4x21.0975 km courses.

Track cover 10% - blacktop, 90% - paving;

Total elevation gain - 220 meters.

The start and finish lines of all courses are located in the same spot.

The route of the 21.0975 km course:



The route of the 10 km course:



The route of the 4.2 km course:

7. Registration for the Race

Participants are allowed to enter the Race provided proper and timely registration for the Race.

Registration is available on-line on the Organizer's website <https://lvivhalfmarathon.org/>

Online registration of participants is open from December 06, 2018 through June 08, 2019 (in case of available slots).

There will be no registration on the day of the Race.

The Organizer of the Race has the right to suspend or completely close the registration without any prior notification in case of reaching an established limit of participants.

A participant is considered registered if an application is filled out and entry fee is paid.

The registration fee paid by the participant is non-refundable no matter the circumstances. For instance, if participant is unable to participate in the Race, to complete the course of choice or finish it within the given time limits or in case of a disqualification or if the Race has been cancelled due to force majeure circumstances, etc.

The registration is considered cancelled in case submitted data is inaccurate and/or false. In case of registration cancellation entry fee is not refunded.

Paid registration can not be cancelled, entry fees are non-refundable and non-transferable.

7.1 The starter's package may be given to the third person upon presenting the following documents:

1. The document certifying the identity of a person receiving the starter's package (passport, driver's license etc)
2. Copy of documents certifying the identity of a person that purchased registration.
3. Starter's letter signed by the person that purchased registration.
4. Statement signed by the person that purchased registration with the following text:

To the Director of NGO "Run Ukraine"

Chernitskyi D.L.

I, (full name of the person that purchased registration), ask you to give the starter's package with the number (participant's race number) to my representative (full name of the person receiving the starter's package), due to the fact that I am unable to receive it in person.

Date and signature of the person that purchased registration.

8. Entry Fee

Entry fee for the course of 21.0975 km is 499 UAH for members of the NGO and the basic cost is 650 UAH until January 20, 2019

Entry fee for the course of 21.0975 km is 650 UAH for members of the NGO and the basic cost is 815 UAH from January 21, 2019 through April 21, 2019

Entry fee for the course of 21.0975 km is 800 UAH for members of the NGO and the basic cost is 1000 UAH from April 22, 2019 through June 02, 2019

Entry fee for the course of 21.0975 km is 1100 UAH for members of the NGO and the basic cost is 1320 UAH from June 03, 2019 through June 08, 2019

Entry fee for the course of 10 km is 490 UAH for members of the NGO and the basic cost is 590 UAH until January 20, 2019

Entry fee for the course of 10 km is 490 UAH for members of the NGO and the basic cost is 590 UAH from January 21, 2019 through April 21, 2019

Entry fee for the course of 10 km is 550 UAH for members of the NGO and the basic cost is 660 UAH from April 22, 2019 through June 02, 2019

Entry fee for the course of 10 km is 900 UAH for members of the NGO and the basic cost is 1080 UAH from June 03, 2019 through June 08, 2019

Entry fee for the course of 4.2 km is 399 UAH for members of the NGO and the basic cost is 480 UAH until April 21, 2019

Entry fee for the course of 4.2 km is 499 UAH for members of the NGO and the basic cost is 600 UAH from April 22, 2019 through June 02, 2019

Entry fee for the course of 4.2 km is 700 UAH for members of the NGO and the basic cost is 840 UAH from June 03, 2019 through June 08, 2019

Entry fee for the Team 4x21.0975 km is 2600 UAH for members of the NGO and the basic cost is 3260 UAH until April 21, 2019

Entry fee for the Team 4x21.0975 km is 3200 UAH for members of the NGO and the basic cost is 4000 UAH from April 22, 2019 through June 02, 2019

Entry fee for the Team 4x21.0975 km is 4400 UAH for members of the NGO and the basic cost is 5280 UAH from June 03, 2019 through June 08, 2019

Entry fee for the relay 3x5+1x6.0975 km is 2600 UAH for members of the NGO and the basic cost is 3260 UAH until April 21, 2019

Entry fee for the relay 3x5+1x6.0975 km is 3200 UAH for members of the NGO and the basic cost is 4000 UAH from April 22, 2019 through June 02, 2019

Entry fee for the relay 3x5+1x6.0975 km is 4400 UAH for members of the NGO and the basic cost is 5280 UAH from June 03, 2019 through June 08, 2019

Money transfer commission is not included in the entry fee amount stated above.

Entry fee payment is to be made online using the Organizer's website www.runukraine.org.

9. Starter's Packages, Receiving Starter's Packages

The starter's packages will be distributed on June 08, 2019.

The "starter's package" of a participant on the course of 21.0975 km includes:

- Race bib number with participant's name (for those registered by April 01, 2019)
- Accident insurance that covers participation in sports competitions on the day of the race
- Finisher's medal (awarded if the distance is finished within the time limit)
- Results capturing electronic chip
- Plastic backpack
- Plastic top at the Start
- Changing rooms and luggage storage services
- Food stations at 5 km, 10 km, 15 km and at the finish line
- Map of the route
- Molokiya Lviv Half Marathon Participant's Guide
- Special offers from the partners
- Music along the route
- Official event wristband
- Finisher's package: an apple, a banana, water
- Admission to Open Run Day
- Admission to the sport goods exhibition SportExpoUA 2019

The "starter's package" of a participant on the course of 10 km includes:

- Race bib number with participant's name (for those registered by April 01, 2019)
- Accident insurance that covers participation in sports competitions on the day of the race
- Finisher's medal (awarded if the distance is finished within the time limit)
- Results capturing electronic chip
- Plastic backpack
- Plastic top at the Start

- Changing rooms and luggage storage services
- Food stations at 5 km and at the finish line
- Map of the route
- Molokiya Lviv Half Marathon Participant's Guide
- Special offers from the partners
- Music along the route
- Official event wristband
- Finisher's package: an apple, a banana, water
- Admission to Open Run Day
- Admission to the sport goods exhibition SportExpoUA 2019

The "starter's package" of a participant on the course of 4.2 km includes:

- Race bib number with participant's name (for those registered by April 01, 2019)
- Accident insurance that covers participation in sports competitions on the day of the race
- Results capturing electronic chip
- Plastic backpack
- Changing rooms and luggage storage services
- Food stations at the finish line
- Map of the route
- Molokiya Lviv Half Marathon Participant's Guide
- Special offers from the partners
- Music along the route
- Official event wristband
- Finisher's package: an apple, a banana, water
- Admission to Open Run Day
- Admission to the sport goods exhibition SportExpoUA 2019

The "starter's package" of a participant on the course 3x5+1x6.0975 km includes:

- Race bib number with participant's name (for those registered by April 01, 2019) - 4 pcs.
- Accident insurance that covers participation in sports competitions on the day of the race - 4 pcs.
- Finisher's medal (awarded if the distance is finished within the time limit) - 4 pcs.
- Results capturing electronic chip - 1 per team
- Plastic backpack - 4 pcs.

- Plastic top at the Start - 4 pcs.
- Changing rooms and luggage storage services
- Food stations at 5 km, 10 km, 15, 18 km and at the finish line
- Map of the route - 4 pcs.
- Molokiya Lviv Half Marathon Participant's Guide - 4 pcs.
- Special offers from the partners
- Music along the route
- Official event wristband - 4 pcs.
- Finisher's package: an apple, a banana, water - 4 pcs.
- Admission to Open Run Day
- Admission to the sport goods exhibition SportExpoUA 2019

The "starter's package" of a participant on the course of 4x21.0975 km includes:

- Race bib number with participant's name (for those registered by April 01, 2019) - 4 pcs.
- Accident insurance that covers participation in sports competitions on the day of the race - 4 pcs.
- Finisher's medal (awarded if the distance is finished within the time limit) - 4 pcs.
- Results capturing electronic chip - 4 pcs.
- Plastic backpack - 4 pcs.
- Plastic top at the Start - 4 pcs.
- Changing rooms and luggage storage services
- Food stations at 5 km, 10 km, 15, 18 km and at the finish line
- Map of the route - 4 pcs.
- Molokiya Lviv Half Marathon Participant's Guide - 4 pcs.
- Special offers from the partners
- Music along the route
- Official event wristband - 4 pcs.
- Finisher's package: an apple, a banana, water - 4 pcs.
- Admission to Open Run Day
- Admission to the sport goods exhibition SportExpoUA 2019

The participant must pick up the starter's package on the designated distribution date. Starter's package ownership rights are transferred to the participant on the distribution date, regardless of his or her presence or absence. In case of no show, the Organizers take on the responsibility of

preserving the goods for one calendar month starting from the date of the Race. During this month the participant can obtain it directly from the Organizers or arrange to have it delivered by the courier service at his or her own expense. After one calendar month from the date of the Race is over, the Organizers withdraw any liability for the security of the product and become entitled to dispose of it at any moment.

Participants are to pick up starter's packages in person upon presenting the starting letter and ID. Participants that failed to join the Race can obtain their starter's package within 30 days after the competition at the Organizer's office, having preliminary sent notification about their intention to do so by e-mail: registration@runukraine.org. They also can place a request to have it delivered to a specified address.

Delivery of starter's packages is done at the expense of the participant. If possible, the Organizer arranges for partners to provide free delivery.

10. Team competitions (teams and relay) of athletes

Mixed teams from commercial and non-profit organizations consisting of 4 persons are permitted to participate in the relay.

If the organization can not find 4 members from inside organization, it can invite volunteers.

All four team members must participate in the relay race.

The team is considered registered if its representative filled out the application, registration form and paid the entry fee for the team.

The procedure for fixing participants for the particular stages of relay is indicated during registration. The order of participants can be changed until June 07, 2019 at the website runukraine.org in the participant's personal profile.

To participants' attention:

- During the relay race the procedure of the baton transfer should take place in the relay transfer zone.
- Each team gets ONE result capturing electronic chip
- The chip is attached to the leg and transferred at the relay transfer stations.
- The first participant starts the race with the chip attached to his/her leg
- Team members may not exchange numbers
- Relay participants shall start in the order specified at registration
- Finisher's medals for all stages are awarded in case of crossing of the finish line
- Finisher's packages (a banana, an apple) are given to the participant upon completion of his/her stage of the race

Infringement of any of the above rules will result in disqualification of the entire team.

The result in the relay is considered to be the result at the finish of the last participant at the fourth stage of the relay.

The result of the team scoring is the sum of the official results of all four team members.

Payment for participation in the corporate relay is performed by bank transfer on the basis of invoice issued by the Organizers. Documents confirming the payment should be sent to the email registration@runukraine.org no later than 10 days prior to the event. All questions in regard to organization of corporate relay are to be sent to the email address registration@runukraine.org.

10.1 For corporate teams:

There are several options of participation for companies:

- Team participation (any course and any number of participants);
- Chamber Cup (relay 3x5 km+1x6 km)

Chamber Cup:

Mixed teams from commercial and non-profit organizations are permitted to participate in the relay.

An organization may form one or more teams for a corporate relay. Number of teams from one organization is unlimited.

Within the Chamber Cup winners in five business segments will be awarded, with the posting of a particular ranking at the event's website. Company's name will be placed on the Chamber Cup participants' bib number.

Attention!

- Awarding among teams that ranked 1, 2 and 3 places in Chamber Cup is not performed.
- Chamber Cup teams will also take part in the overall ranking of relay teams.
- If one segment consists of up to 5 teams, there will be no awarding in the segment, the team will take part only in the overall scoring.

Specially for participants of corporate races, there will be a gala dinner «Winners Chamber Cup».

Security Cup - 4.2 km:

Mixed teams from commercial and non-profit organizations are permitted to participate in the relay (field of business - civil security).

- Participation is free

- Maximum number of participants in one team - 4 persons
- Maximum number of participants from one non-profit organization - 3 teams
- Overall number of participants is 48 people (12 teams)

According to the results, we will determine winners of **Security Cup** and there will be award ceremony for men and women taking 1st, 2nd and 3rd places in this category.

According to the results, we will determine winning teams and award the team taking the 1st place in this category.

Also **Security Cup** teams will take part in the overall ranking of men and women on the 4.2 km course.

For questions on terms of registration please email to e.seitanova@runukraine.org

Contact person: Elvina Seitanova +38(067) 569-81-23

11. Food and Hydration Stations

Food stations and hydration stations are located at 5; 10; 15; 18 km and at the finish line. They have water, medical care, food, toilets and volunteer assistance available.

12. Award ceremony

21.0975 km course:

On the course of 21.0975 km, awards are given to men and women winning places 1 through 5 in absolute championship.

The official time for calculation of the overall ranking of men and women is the time since the starting gun shot (Gun Time).

Participants on the 21 km course will be starting in blocks with the interval of 5 minutes with a separate start and starting gun shot according to the schedule of the event and will be included in the overall ranking among men and women.

Prize scale for absolute championship (currency – UAH) :

Place	Men	Women
1	8000	8000

2	6000	6000
3	4500	4500
4	3500	3500
5	2500	2500

Track record (overall ranking): 5000 UAH for each category (men and women). Men track record: 1:07:432, Women track record: 1:18:22.5.

Track record (Ukrainians): 5000 UAH for each category (men and women). Men Ukrainians track record: 1:06:00, Women Ukrainians track record: 1:15:00.*

*In case the new track record is set by a Ukrainian, only the bigger prize for the new track record is awarded, i.e. 5,000 UAH and the monetary prize in the amount of 5,000 UAH is cancelled.

On the 21.0975 km course winners are awarded in age groups, places 1 through 3:

Men: 18-22, 23-29, 30-39, 40-49 50-59, 60-69, 70 and older

Women: 18-22, 23-29, 30-39, 40-49 50-59, 60-69, 70 and older

The age of a participant is determined as of December 31 of the current year. Those awarded in absolute championship are not awarded in age groups. Participants of the Balkan Half Marathon Championships are included in the ranking for the absolute and age categories. The places in age categories are ascribed according to the Net Time.

Winners and medalists receive monetary rewards and memorable prizes.

Prize scale (currency - UAH)

Age groups	Men			Women		
	1 place	2 place	3 place	1 place	2 place	3 place
18-22	1200	800	500	1200	800	500
23-29	1200	800	500	1200	800	500
30-39	1200	800	500	1200	800	500
40-49	1200	800	500	1200	800	500

50-59	1200	800	500	1200	800	500
60-69	1200	800	500	1200	800	500
70+	1200	800	500	1200	800	500

Please, notice:

- winners in absolute championship on the course of 21.0975 km places 1 through 5 men and women are not awarded in age groups.
- participants participating in wheelchairs or those using any other type of mechanism when overcoming the course, are not awarded in absolute championship or in age groups on any course.

Course 4 x 21.0975 km team:

The official time for calculation of the overall ranking of men and women is the time since the starting gun shot (Gun Time) summed up for all 4 team members.

On the course of 21.0975 km awards are given to those taking places 1 through 3.

6,000 UAH – to the team taking the 1st place

4,000 UAH – to the team taking the 2nd place

2,000 UAH – to the team taking the 3rd place

The teams 4x21.0975 km will take part in the overall ranking among men and women on the 21.0975 km.

10 km course

On the 10 km course awards are given to those winning places 1 through 3.

The winners and medalists receive memorable prizes.

4.2 km course

On the 4.2 km course the awards are given to men and women taking places 1 through 3 in absolute championship.

Winners and medalists get memorable prizes.

Relay 3x5+1x6.0975 km

On the relay course 3x5+1x6.0975 km, including Chamber Cup, the teams are awarded in absolute championship, places 1 through 3.

8,000 UAH is awarded to the team winning the 1st place.

Memorable prizes are given to the teams winning the 2nd and the 3rd places.

«City cup»

The cup is awarded to the participants demonstrating the best time on the course of 21.0975 km among athletes who stated “Lviv” as their city of residence. Men and women are awarded separately.

Nomination «The biggest running club».

The award goes to the running club that has the most number of members registered for any course of the Event.