

**Approved by
President of Athletics Federation
of Lviv region**

Svyshch Ya.S.

**Approved by
Director of NGO
"Run Ukraine"**

Chernitskyi D.L.

**Approved by
Director of the Department of Youth and Sports
of Lviv City Council**

Nikulin A.V.

«7th LVIV HALF MARATHON 2022» Regulations

1. Date, Time, and Location

Date: June 05, 2022

Time: 07:00 a.m.

Location: Lviv

Start and finish points: Lviv, 28 Svobody avenue (by the Opera and Ballet Theatre).

2. Race Objectives

«7th LVIV HALF MARATHON 2022» (hereinafter - the Race) is held to popularize and promote mass running events in Ukraine, as well as:

- to popularize and promote healthy lifestyle
- to develop mass sports
- to integrate Ukraine into the global marathon movement
- to inform, nurture and motivate Ukrainian public, to facilitate achievement of personal and athletic goals, to stimulate growth of sports achievements among the country's wide grass-root population.

3. Organizers, Patronage and Sponsors

NGO "Run Ukraine" serves as the Race Organizer.

Under the auspices of:

- Lviv City Mayor Sadovyi A.I.
- Athletics Federation of Lviv region
- Department on youth and sports of Lviv City Council

The Organizer establishes an Organizing Committee from among its own staff, as well as engages sport-specific specialist from various sports.

The Organizing Committee consists of:

- Lviv City Mayor Sadovyi A.I. - the head of the Organizing Committee

- Race Director, Chernitskyi D.L.;
- Project Manager, Tretiakov I.O.;
- Director of the Department of youth and sports of Lviv City Council, Svyschch Ya.S.;
- Head Referee of the Race - Pavlos R.M.;
- Medical Director of the Race - Permiakov P.V.
- Athletes Manager - Lishchynska I.A.

4. Conditions of the Race

The Race is launched during quarantine restrictions implemented by the Government of Ukraine.

The Organizers are considering 2 possible formats of the Race:

In case of additional restrictions introduced by the Cabinet of Ministers of Ukraine or local governments, the offered services, starter pack contents, and schedule may change.

Children's races may be canceled in the "orange" zone.

There may be some restrictions for the audience in the "orange" zone.

5. The Race Program

Distribution of the starter packs to the participants will be held at SportExpo on June 4, 2022 (Lviv, Palats Mystetstv, 17 Kopernyka str.).

Please, notice! There will be no distribution of start packages on the day of the Race on June 5, 2022.

June 4, 2022

10:00 - 20:00 - Distribution of start packages at Palats Mystetstv, 17 Kopernyka str.

June 5, 2022

07:00 – Opening of the Race Village, Svobody square

07:00 – 14:00 – Luggage storage available

07:30 – Warm-up for adults

07:50 – Opening of the starting block **21.0975 km; Relay 3x5km+1x6.0975 km**

07:50 – Opening ceremony of the **7th LVIV HALF MARATHON 2022**

08:00 – Start on the course **21.0975 km, Relay 3x5km+1x6.0975km**

08:20 – Start on the course **Lviv Mini Marathon 4.2 km**

09:30 – Award ceremony for absolute winners on the **Lviv Mini Marathon 4.2 km** course

09:45 - Award ceremony for absolute winners on the **21.0975 km course, Relay 3x5km+1x6.0975km**

10:45 – Warm-up for participants on the course **Lviv Ten, Vetran's Ten**

11:05 – Opening of the starting block **Lviv Ten, Vetran's Ten**

11:15 – Start on the course **Lviv Ten, Veteran's Ten**

11:35 – Award ceremony in age groups on the 21.0975 km course, the category "The biggest running club", category "The biggest corporate team"

12:15 – Award ceremony for absolute winners on the 10 km course

14:00 – Closing of the Race Village

*The race program will be supplemented

You need to come to Svobody Square at least 1 hour before your race to have enough time to change, leave your belongings in the storage room, find your starting block and warm up.

6. Race Entry Conditions

Participants enter the Race upon presenting the required documents at the time of receiving their start packages:

- Starter's letter printed out and signed by the participant (the starter's letter can be found in the personal profile or in the e-mail box after a successful payment);
- ID certifying the age of the participant (mandatory for all participants);
- Document certifying the right for free participation in the Race or for a discount payment of entry fees.

Participants aged 13 (for the courses of 4.2 km and 5 km) and participants aged 15 (for the course of 10 km) must also have the Parental (legal representative) consent to participation of a minor in the race on the courses of 4.2 km, 5 km, 10 km or relay (Annex 2 or Annex 3 of the Rules of NGO “Run Ukraine” respectively).

All registered participants bear sole responsibility for their lives and health regarding the competition and sign appropriate statements.

Please, notice!

- Race bib number and start package are not given to a participant if a participant fails to provide ID;
- Only participants aged 18 or older are admitted to the course of 21.0975 km. The age of a participant is determined according to Run Ukraine Rules and Regulations.

Online participation is an option for any Race scenario. To participate online, a participant needs to purchase a Certificate covering postal expenses for the start package to be mailed to the participant, and then the participant needs to run the distance on the day of the race. The result should be mailed to registration@runurkaine.org. The result testifies to the completion of the race but is not included in the finish protocol.

7. Emergency situations during the Race

TO THE ATTENTION OF ALL RACE PARTICIPANTS!

In the event State Emergency Service issued a warning of possible significant deterioration of weather conditions in the region on the eve of or on the day of the Race or there is a threat to human life and health due to severe weather phenomena (including but not limited to earthquake, flood, hurricane, hail, cyclone, storm, lightning, other natural disasters), the Race Organizer reserves the right to take measures to ensure the safety of participants, audience, fans and all those who directly or indirectly participate in the Race.

The Race Organizing Committee has developed an internal safety scale, according to which in case of severe weather phenomena, the Organizing Committee will act in accordance with the plan and require all participants to strictly comply with its requirements, namely:

1st level of danger - wind with a force of 7-9 meters per second - dismantling of inflatable arches, light structures (including mileage indicators), light awnings, promotional and photo zones.

2nd level of danger - wind with a force of 9.5-10 meters per second - dismantling of all awnings, photo zones, as well as dismantling of the crossbar of the start-finish arch.

The project manager will ask you to remove anything that may be dangerous.

High probability of cancellation of children's races. The decision to hold or cancel them will be made immediately before the start of the children's races based on the actual weather conditions at that time.

3rd level of danger - wind with a force of 11 meters per second and more - a collegial decision to hold or cancel the Race will be made.

The committee in charge of making this decision consists of: Dmytro Chernitskyi, Director of the NGO "Run Ukraine", Ivan Tretiakov, Project Manager, a representative of the SES in the region, a representative of the title sponsor of the Race (or another official of the title sponsor of the Race).

FOLLOW THE REPORTS OF THE ORGANIZING COMMITTEE!

8. Courses and Routes

The route of the course 21.0975 km, Relay 3x5+1x6.0975 km

Track cover 30% - blacktop, 70% - pavement.

Total elevation gain - 180 meters.

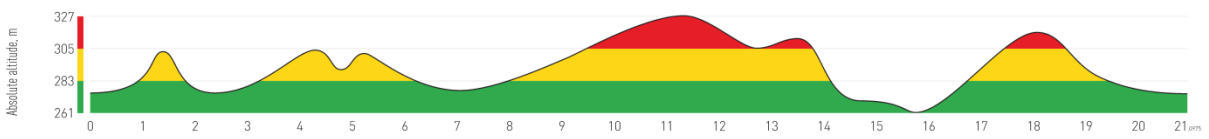
The start and finish lines of all courses are located in the same spot.

The route of the 21.0975 km course:

- S Start
- F Finish
- R Relay pass
- ✓ Check point
- 💧 Hydration points
- + Medical services
- WC WC
- 🍏 Food point (fruits)
- ⚡ Isonicotics
- 🧼 Sponges
- 🎵 Music support
- ♥ Fan zone
- 📷 Photographer
- 🚿 Shower



LVIV HALF MARATHON
21.0975 km



The route of the 10 km course:



LVIV HALF MARATHON
10 km

- S Start
- F Finish
- ✓ Check point
- 💧 Hydration points
- + Medical services
- WC WC
- 🚿 Shower
- 🍏 Food point (fruits)
- ⚡ Isonicotics
- 🧼 Sponges
- 🎵 Music support
- ♥ Fan zone
- 📷 Photographer

The route of the 4.2 km course:



9. Registration for the Race

Participants are allowed to enter the Race provided proper and timely registration for the Race. Registration is available online on the Organizer's website <https://lvivhalfmarathon.org/>.

Online registration of participants is open from December 16, 2021, through June 04, 2022 (in case of available slots).

There will be no registration on the day of the Race, on June 05, 2022.

The Race Organizer has the right to suspend or completely close the registration without any prior notification in case of reaching an established limit of participants.

A participant is considered registered if an application is filled out and the entry fee is paid.

The registration fee paid by a participant is non-refundable no matter the circumstances, including but not limited to: a participant is unable to participate in the Race, to complete the course of choice or finish it within the given time limits, in case of disqualification or if the Race is canceled due to unpredictable consequences of COVID-19 pandemic or force majeure circumstances, etc.

The registration is considered canceled in case submitted data is inaccurate and/or false. In case of registration cancellation, the entry fee is not refunded.

Paid registration can not be canceled, entry fees are non-refundable.

A participant can request a start package to be mailed to them one week prior to the Race using Nova Poshta services. This is a paid service. A participant should purchase a certificate covering

postal charges. This can permit online participation when a participant runs the same distance on the same day but in a different location.

10. The starter's package may be given to the third person upon presenting the following documents:

1. The document certifying the identity of a person receiving the starter's package (passport, driver's license, etc)
2. Copy of documents certifying the identity of a person that purchased registration.
3. Starter's letter signed by the person that purchased registration.
4. Statement signed by the person that purchased the registration with the following text:

To the Director of NGO "Run Ukraine"
Chernitskyi D.L.

I, (full name of the person that purchased registration), ask you to give the starter's package with the number (participant's race number) to my representative (full name of the person receiving the starter's package), due to the fact that I am unable to receive it in person.

Date and signature of the person that purchased registration.

Please, notice! Paragraph 10 does not apply to the participants of any relay or team races, namely Relay 3x5+1x6.0975 km

The team must receive all starter packs at once, which means all team members must come together to pick up the starter packs. One team member may not receive starter packs for the rest of the team.

It means that all four relay team members must be present in person at the time of starter pack pick-up and have to present an ID on the day of distribution of starter packs at SportExpo.

10.1 Receiving a starter pack via SMS identification:

SMS-identification is a service that allows identifying the Client in the administration system by sending an SMS-code to the mobile phone specified in the personal account of the participant. The service is provided under the following conditions: The Client knows the starting number of the participant or the ID-order; The Client can tell the SMS code.

11. Entry Fee for the individual registrations

Entry fee for the course **Lviv Half Marathon 21 km** at stage 1 - 198 slots: 780 UAH for members of NGO and the basic registration fee is 900 UAH;

Entry fee for the course **Lviv Half Marathon 21 km** at stage 2 - 793 slots: 940 UAH for members of NGO and the basic registration fee is 1090 UAH;

Entry fee for the course **Lviv Half Marathon 21 km** at stage 3 - 331 slots: 1090 UAH for members of NGO and the basic registration fee is 1260 UAH

Entry fee for the course **Relay 3x5+1x6.0975 km** at stage 1 - 1 slot: 3520 UAH for members of NGO and the basic registration fee is 4080 UAH

Entry fee for the course **Relay 3x5+1x6.0975 km** at stage 2 - 2 slots: 3920 UAH for members of NGO and the basic registration fee is 4560 UAH

Entry fee for the course **Relay 3x5+1x6.0975 km** at stage 3 - 1 slot: 4360 UAH for members of NGO and the basic registration fee is 5040 UAH

Entry fee for the course **Lviv Ten** at stage 1 - 60 slots: 680 UAH for members of NGO and the basic registration fee is 790 UAH

Entry fee for the course **Lviv Ten** at stage 2 - 240 slots: 780 UAH for members of NGO and the basic registration fee is 900 UAH

Entry fee for the course **Lviv Ten** at stage 3 - 100 slots: 880 UAH for members of NGO and the basic registration fee is 1000 UAH

Entry fee for the course **Lviv Mini Marathon 4.2 km** at stage 1 - 16 slots: 550 UAH for members of NGO and the basic registration fee is 640 UAH

Entry fee for the course **Lviv Mini Marathon 4.2 km** at stage 2 - 65 slots: 600 UAH for members of NGO and the basic registration fee is 690 UAH

Entry fee for the course **Lviv Mini Marathon 4.2 km** at stage 3 - 27 slots: 700 UAH for members of NGO and the basic registration fee is 820 UAH

Participation on the courses “**Children’s Races**” is free of charge. Registration opens on May 03, 2022.

Veteran’s Ten. Participation is free of charge. Limit of participants - 50 participants. Registration opens on May 2, 2022.

In case the Race needs to take place in the online format, every participant who has paid the registration fee would receive a refund of 150 UAH transferred to a cashback account.

The cost of participation does not change if the Race is held in the standard format or on a smaller route.

Money transfer commission is not included in the entry fee amount stated above.

Entry fee payment is to be made online using the Organizer's website www.runukraine.org.

12. Starter Packs, Receiving Starter Packs

The starter packs will be distributed on June 04, 2022.

The "starter pack" of a participant on the course of 21.0975 km includes:

- Race bib number with participant's name (for those registered by May 4, 2022)
- Accident insurance that covers participation in sports competitions on the day of the race
- **Finisher's medal** (awarded if the distance is finished within the time limit)
- Results capturing electronic chip
- Hairband (for women)
- Nipple tape (for men)
- Plastic backpack
- Changing rooms and luggage storage services
- Hydration stations at 5 km, 7.5 km, 10 km, 12.5 km, 15 km, 18 km, and at the finish line
- Food stations at 5 km, 10 km, 15 km, 18 km, and at the finish line

- Map of the route
- Electronic 7th Lviv Half Marathon 2022 Participant's Guide (emailed to participant)
- Special offers from the partners
- Admission to free open training sessions
- Music along the route
- Finisher's package: an apple, a banana, water
- Pictures after the race (900x600 px)
- Massage at the finish line
- Admission to the sport goods exhibition SportExpo 2022

The "starter pack" of a participant on the course 4.2 km includes:

- Race bib number with participant's name (for those registered by May 4, 2022)
- Accident insurance that covers participation in sports competitions on the day of the race
- **Finisher's medal** (awarded if the distance is finished within the time limit)
- Results capturing electronic chip
- Plastic backpack
- Changing rooms and luggage storage services
- Hydration and food stations at the finish line
- Map of the route
- Electronic 7th Lviv Half Marathon 2022 Participant's Guide (emailed to participant)
- Special offers from the partners
- Admission to free open training sessions
- Music along the route
- Finisher's package: an apple, a banana, water
- Pictures after the race (900x600 px)
- Massage at the finish line
- Admission to the sport goods exhibition SportExpo 2022

The "starter pack" of a participant on the course Lviv Ten, Veteran's Ten includes:

- Race bib number with participant's name (for those registered by May 4, 2022)
- Accident insurance that covers participation in sports competitions on the day of the race
- Finisher's medal (awarded if the distance is finished within the time limit)
- Results capturing electronic chip
- Plastic backpack
- Changing rooms and luggage storage services
- Hydration stations at 5 km and at the finish line
- Food stations at the finish line
- Map of the route
- Electronic 7th Lviv Half Marathon 2022 Participant's Guide (emailed to participant)
- Special offers from the partners
- Admission to free open training sessions
- Music along the route
- Finisher's package: an apple, a banana, water
- Pictures after the race (900x600 px)
- Massage at the finish line

- Admission to the sport goods exhibition SportExpo 2022

The "start package" of a participant on the course 3x5+1x6.0975 km includes:

- Race bib number with participant's name (for those registered by May 4, 2022) - 4 pcs.
- Accident insurance that covers participation in sports competitions on the day of the race - 4 pcs.
- **Finisher's medal** (awarded if the distance is finished within the time limit) - 4 pcs.
- Results capturing electronic chip - 1 per team
- Plastic backpack - 4 pcs.
- Changing rooms and luggage storage services
- Hydration stations at 5 km, 7.5 km, 10 km, 12.5 km, 15 km, 18 km, and at the finish line
- Food stations at 10 km, 15 km, 18 km, and at the finish line
- Map of the route - 4 pcs.
- Electronic 7th Lviv Half Marathon 2022 Participant's Guide (emailed to participant)
- Special offers from the partners
- Admission to free open training sessions
- Music along the route
- Finisher's package: an apple, a banana, water
- Pictures after the race (900x600 px)
- Massage at the finish line
- Admission to the sports goods exhibition SportExpo 2022

The participant must pick up the start package on the designated distribution date. Start package ownership rights are transferred to the participant on the distribution date, regardless of their presence or absence. In case of no show, the Organizers take on the responsibility of preserving the goods for one calendar month starting from the Race date. During this month, the participant can obtain it directly from the Organizers or arrange to have it delivered by the courier service. After one calendar month from the date of the Race is over, the Organizers withdraw any liability for the security of the product and become entitled to dispose of it at any moment.

Participants will pick up start packages in person upon presenting the starting letter and ID.

Participants that failed to join the Race can obtain their start packages within 30 days after the competition at the Organizer's office, having preliminary sent notification about their intention to do so by e-mail: registration@runukraine.org. They also can place a request to deliver it to a specified address.

Delivery of starter's packages is done at the expense of the participant. If possible, the Organizer arranges for partners to provide free delivery.

12.1. Starter pack delivery within Ukraine

Participants may order starter pack delivery within Ukraine using "Nova Poshta" services one week before the event. Delivery may be ordered automatically at registration or using the "Orders" tab in the personal profile <https://runukraine.org/user/profile>. Starter pack delivery cost is 300 UAH (automatic return of the package in 7 days). In case a participant needs a starter pack to be resent, they need to purchase a "Certificate for re-sending the starter pack" in the online store at the link <http://runukraine.org/shopping> and submit an individual application by sending an email to registration@runukraine.org with «Resending the starter pack No. *Delivery*

certificate number» in the subject line and all the details in the body of the letter: project name, distance, and participant's race number.

12.2. International starter pack delivery

International starter pack delivery is possible within 30 days after the event. Delivery may be ordered automatically at registration or using the "Orders" tab in the personal profile <https://runukraine.org/user/profile>. The international starter pack delivery cost is 700 UAH. In case a participant needs a starter pack to be resent internationally, they need to purchase a "Certificate for re-sending the starter pack internationally" in the online store at the link <http://runukraine.org/shopping> and submit an individual application by sending an email to registration@runukraine.org with «Resending the starter pack No. *Delivery certificate number* internationally» in the subject line and all the details in the body of the letter: project name, distance, and participant's race number.

13. Team competitions (teams and relay) of athletes

Mixed teams from commercial and non-profit organizations consisting of 4 persons are permitted to participate in the relay. **The team consisting of a different number of people will be automatically disqualified.**

If the organization can not find 4 members from within the organization, it can invite volunteers. All four team members must participate in the relay race.

The team is considered registered if its representative filled out the application, registration form and paid the entry fee for the team.

Each participant is assigned a particular relay stage upon registration. The order of participants can be changed through June 04, 2022, on the website runukraine.org in the participant's personal profile.

To participants' attention:

- During the relay race, the procedure of the baton transfer must take place in the relay transfer zone.
- Each team gets ONE result capturing electronic chip
- The chip is attached to the leg and is transferred at the relay transfer stations.
- The first participant starts the race with the chip attached to their leg
- Team members may not exchange numbers (especially relay participants)
- Finisher's medals for all stages are awarded in case of crossing of the finish line
- Finisher's packages (a banana, an apple) are given to the participant upon completion of his/her stage of the race

Infringement of any of the above rules will result in disqualification of the entire team.

The result in the relay is considered to be the result at the finish of the last participant at the fourth stage of the relay.

The result of the team scoring is the sum of the official results of all four team members.

Payment for participation in the corporate relay is performed by bank transfer on the basis of invoice issued by the Organizers. Documents confirming the payment should be sent to the email registration@runukraine.org no later than 10 days prior to the event. All questions in regard to organization of corporate relay are to be sent to the email address registration@runukraine.org.

14. For corporate teams:

There are several participation options for companies:

- Team participation (any course and any number of participants);

For questions regarding registration terms, please email registration@runukraine.org

Contact person: Alla Kaplina - +380675776855

15. Food and Hydration Stations

Food and hydration stations are located at 5; 7.5; 10; 12.5; 15; 18 km and at the finish line. They have water, medical care, food, toilets, and volunteer assistance available.

16. Award ceremony

21.0975 km course:

On the course of 21.0975 km, awards are given to men and women, winning places 1 through 5 in the absolute championship.

The official time used for the calculation of the overall ranking of men and women is the time since the starting gunshot (Gun Time).

Participants on the 21 km course will be starting in blocks with the interval of 5 minutes with a separate start and starting gunshot according to Race schedule and will be included in the overall ranking among men and women.

Prize scale in case of the standard format of the Race on the certified route:

Prize scale for absolute championship (currency – UAH):

Place	“Green quarantine zone” Race		“Yellow quarantine zone” Race		Online Race	
	Men	Women	Men	Women	Men	Women
1	7500	7500	0	0	0	0
2	5000	5000	0	0	0	0
3	4000	4000	0	0	0	0
4	2000	2000	0	0	0	0
5	1000	1000	0	0	0	0

On the 21.0975 km course winners are awarded in age groups, places 1 through 3:

Men: 18-22, 23-29, 30-39, 40-49 50-59, 60-69, 70 and older

Women: 18-22, 23-29, 30-39, 40-49 50-59, 60-69, 70 and older

The participant's age is determined as of December 31 of the current year. Those awarded in the absolute championship are not awarded in age groups. The places in age categories are assigned according to Net Time.

Winners and medalists receive monetary rewards and special prizes.

Prize scale (currency - UAH). Awarded only if the race takes place in the “green quarantine zone” on the course certified by AIMS.

Age groups	Men			Women		
	1 place	2 place	3 place	1 place	2 place	3 place
18-22	800	600	400	800	600	400
23-29	800	600	400	800	600	400
30-39	800	600	400	800	600	400
40-49	800	600	400	800	600	400
50-59	800	600	400	800	600	400
60-69	800	600	400	800	600	400
70+	800	600	400	800	600	400

Please, notice:

- winners in the absolute championship on the course of 21.0975 km places 1 through 5 men and women are not awarded in age groups.
- participants participating in wheelchairs or those using any other mechanism when overcoming the course are not awarded in the absolute championship or in age groups on any course.

10 km course

On the 10 km course, awards are given to those winning places 1 through 3.

The winners and medalists receive special prizes.

Participants on the **Veteran's Ten** course are included in the overall ranking of men and women on the 10 km course.

4.2 km course

On the 4.2 km course the awards are given to men and women taking places 1 through 3 in the absolute championship.

Winners and medalists get special prizes.

The official time for calculating the overall ranking of men and women is the time since the starting gunshot (Gun Time).

Relay 3x5+1x6.0975 km

On the relay course 3x5+1x6.0975 km, the teams are awarded in the absolute championship, places 1 through 3. Awarded only if the race takes place in the “green quarantine zone” on the course certified by AIMS.

4,000 UAH is awarded to the team winning 1st place.
2,000 UAH is awarded to the team winning 2nd place.
1,000 UAH is awarded to the team winning 3rd place.

Please, notice! The winning team must come to the Referee Tent upon finishing the course to present identification documents to confirm the team's stated makeup.

«City cup»

The cup is awarded to the participants demonstrating the best time on the course of 21.0975 km among athletes who stated “Lviv” as their city of residence. Men and women are awarded separately.

Nomination «The biggest running club.»

The award goes to the running club with the most number of members registered for any course of the Race.