

Approved by  
President of the Federation of Aquathlon, Duathlon  
and Olympic Triathlon of the city of Kyiv

Approved by  
Director of NGO "Run Ukraine"

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Panarin E.Ye.

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Chernitskyi D.L.

Approved by  
Director of the Department for Youth and Sports of  
the Executive Body of Kyiv City Council (KCSA)

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Khan Yu.M.

**Triathlon Competition DRAGON CAPITAL KYIV TRIATHLON: 70.3 TRIATHLON CUP  
OF UKRAINE - stage (hereinafter - DRAGON CAPITAL KYIV TRIATHLON: 70.3)  
Regulations**

**1. Date, Time, and Location**

Date: August 07, 2022

Time: 06:15 – 16:00

Star point: Kyiv, Naberezhne highway

Finish: Kyiv, Kontraktova square.

**2. Race Objectives**

«KYIV TRIATHLON: 70.3 TRIATHLON CUP OF UKRAINE - stage» (hereinafter - the Race) is held to popularize and promote triathlon in Ukraine, as well as:

- to popularize and promote healthy lifestyle
- to develop mass sports
- to integrate Ukraine into the world Olympic movement
- to inform, nurture and motivate Ukrainian public, to facilitate achievement of personal and athletic goals, to stimulate the growth of sports achievements among the country's wide grass-root population.

**3. Organizers, Patronage, and Sponsors**

NGO "Run Ukraine" serves as the Race Organizer.

Under the patronage of

- Triathlon Federation of Ukraine;
- Department for Youth and Sports of the Executive Body of Kyiv City Council (KCSA).

The Organizer establishes an Organizing Committee from among its staff and engages sport-specific specialists from various sports.

The Organizing Committee consists of

- Race Director, Chernitskyi D.L.;
- Project Manager, Tretiakov I.O.;
- Head of the Department for Youth and Sports of the Executive Body of Kyiv City Council (KCSA), Khan Yu.M.;
- Head Referee of the Race - Panarin E.Ye.;
- Medical Director of the Race - Permiakov P.V.

#### 4. Conditions of the Race

The Race is launched during quarantine restrictions implemented by the Government of Ukraine.

The Organizers are considering 2 possible formats of the Race:

In case of additional restrictions introduced by the Cabinet of Ministers of Ukraine or local governments, the offered services, starter pack contents, and schedule may change.

Children's races may be canceled in the "orange" zone.

There may be some restrictions for the audience in the "orange" zone.

#### 5. Race program (only for the "green" scenario)

Starter packs will be distributed to the participants at the Expo on August 06, 2022.

Please, notice! Under any circumstances, starter packs will not be distributed on Race day on August 07, 2022.

#### August 07, 2022 - Poshtova Square, Kontraktova Square, Kyiv:

6:15 - Race Village opens

6:15 - 16:00 - Luggage storage service (Kontraktova Square)

6:15 - Transit zone (T2) Kontraktova Square opens

6:30 - Transit zone (T1) Poshtova Square opens

6:50 - Transit zone (T2) Kontraktova Square closes

7:15 - Transit zone (T1) Poshtova Square closes

7:20 - Opening of the starting block for the course DRAGON CAPITAL KYIV TRIATHLON: SPRINT, category PRO

**7:30 - Start on the course DRAGON CAPITAL KYIV TRIATHLON: SPRINT, category PRO**

**7:35 - Start on the course DRAGON CAPITAL KYIV TRIATHLON: SPRINT, category Amateurs**

8:05 - Opening of the starting block for the course 70.3, category PRO

**8:15 - Start on the course DRAGON CAPITAL KYIV TRIATHLON: 70.3, category PRO**

**8:20 - Start on the course DRAGON CAPITAL KYIV TRIATHLON: 70.3, category Amateurs, DRAGON CAPITAL KYIV TRIATHLON: 70.3.RELAY**

8:35 - Opening of the starting block for the course SWIM 2 km

**8:40 - Start on the course SWIM 2 km**

**11:00 - Award ceremony for the course SWIM 2 km**

**14:30 - Award ceremony for the course 70.3, category PRO**

**15:15 - Award ceremony for the course 70.3, category Amateurs, age groups**

**16:00 - Closing of the Race Village**

#### 6. Race entry conditions

Participants enter the Race upon presenting the required documents at the time of receiving their start packs:

- Starter's letter printed out and signed by the participant (the starter's letter can be found in the personal profile or the e-mail box after a successful payment);
- ID certifying the age of the participant (mandatory for all participants);
- License of the Triathlon Federation of Ukraine
- Document certifying the right for free participation in the Race or for a discount payment of entry fees

**All registered participants bear sole responsibility for their lives and health during the Race and sign appropriate statements.**

#### Please, notice!

- A race bib number and a start pack are not given to a participant if one fails to provide ID;
- Only participants aged 18 or older are admitted to the Race. The participant's age is determined according to Run Ukraine Rules and Regulations.

## 7. Emergencies during the Race

### TO THE ATTENTION OF ALL RACE PARTICIPANTS!

In the event State Emergency Service issued a warning of possible significant deterioration of weather conditions in the region on the eve of or on the day of the Race or there is a threat to human life and health due to severe weather phenomena (including but not limited to earthquake, flood, hurricane, hail, cyclone, storm, lightning, other natural disasters), the Race Organizer reserves the right to take measures to ensure the safety of participants, audience, fans and all those who directly or indirectly participate in the Race.

The Race Organizing Committee has developed an internal safety scale, according to which in case of severe weather phenomena, the Organizing Committee will act in accordance with the plan and require all participants to strictly comply with its requirements, namely:

**1st level of danger** - wind with a force of 7-9 meters per second - dismantling of inflatable arches, light structures (including mileage indicators), light awnings, promotional and photo zones.

**2nd level of danger** - wind with a force of 9.5-10 meters per second - dismantling of all awnings, photo zones, as well as dismantling of the crossbar of the start-finish arch.

The project manager will ask you to remove anything that may be dangerous.

High probability of cancellation of children's races. The decision to hold or cancel them will be made immediately before the start of the children's races based on the actual weather conditions at that time.

**3rd level of danger** - wind with a force of 11 meters per second and more - a collegial decision to hold or cancel the Race will be made.

The committee in charge of making this decision consists of: Dmytro Chernitskyi, Director of the NGO "Run Ukraine," Ivan Tretiakov, Project Manager, a representative of the SES in the region, a representative of the title sponsor of the Race (or another official of the title sponsor of the Race).

### FOLLOW THE REPORTS OF THE ORGANIZING COMMITTEE!

## 8. Courses and Routes

The route of the Race is mapped around Kyiv.

Route surface: 100% blacktop.

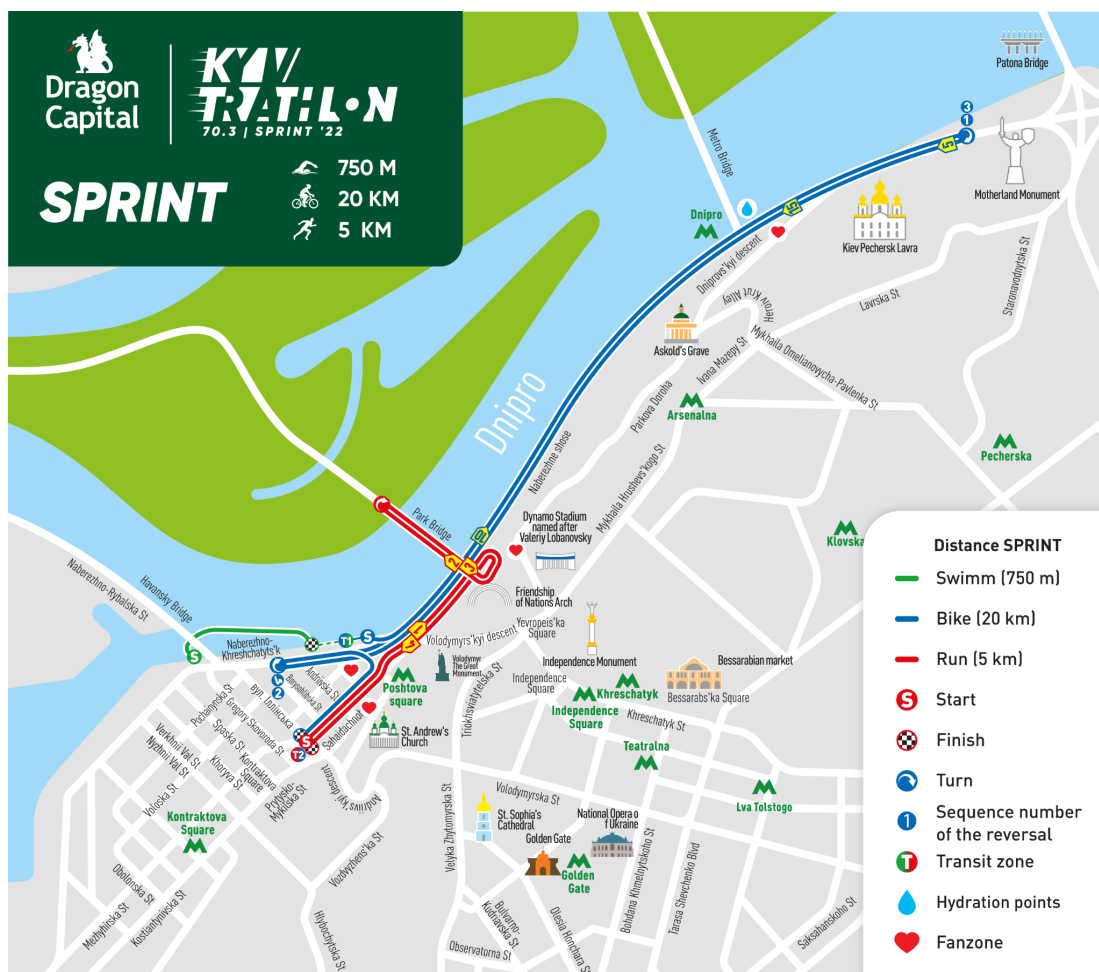
### DRAGON CAPITAL KYIV TRIATHLON: 70.3



# DRAGON CAPITAL KYIV TRIATHLON: 70.3.RELAY



# DRAGON CAPITAL KYIV TRIATHLON: SPRINT



## SWIM 2 km



### 9. Registration for the Race

Participants are allowed to enter the Race provided proper and timely registration.

Registration is available online on the Organizer's website <https://703.triathlonukraine.org>.

**Online registration of participants is open from December 09, 2021, through August 06, 2022 (in case of available slots).**

**There will be no registration on the day of the Race, on August 07, 2022.**

The Race Organizer has the right to suspend or completely close the registration without any prior notification in case of reaching an established limit of participants.

A participant is considered registered if an application is filled out and the entry fee is paid.

**The registration fee paid by a participant is non-refundable no matter the circumstances, including but not limited to: a participant is unable to participate in the Race, to complete the course of choice or finish it within the given time limits, in case of disqualification or if the Race is canceled due to unpredictable consequences of COVID-19 pandemic or force majeure circumstances, etc.**

The registration is considered canceled if submitted data is inaccurate and/or false. In case of registration cancellation, the entry fee is not refunded.

Paid registration can not be canceled; entry fees are non-refundable.

### 10. The start pack may be given to the third person upon presenting the following documents:

1. The document certifying the identity of a person receiving the start pack (passport, driver's license, etc.)
2. Copy of documents certifying the identity of a person that purchased registration.
3. Copy of the license of the Triathlon Federation of Ukraine.
4. Starter's letter signed by the person that purchased registration.
5. Statement signed by the person that purchased the registration with the following text:

To the Director of NGO "Run Ukraine"  
Chernitskyi D.L.

I, (full name of the person that purchased registration), ask you to give the starter pack with the number (participant's race number) to my representative (full name of the person receiving the start pack) because I am unable to receive it in person.

Date and signature of the person that purchased registration.

**Please, notice! Paragraph 10 does not apply to the participants of any relay or team race participants, namely DRAGON CAPITAL KYIV TRIATHLON: 70.3.RELAY.**

**It means that every participant of a relay or a team race must be present in person at the time of starter pack pick-up and has to present an ID on the day of distribution of start packs at Expo2022. The team must receive all starter packs at once, which means all team members must come together to pick up the starter packs.**

### **11. Entry fee for individual registrations**

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: 70.3 (S 1900 m + B 90 km + R 21 km) at stage 1 - 54 slots: 4500 UAH for members of NGO, and the basic registration fee is 5200 UAH;  
Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: 70.3 (S 1900 m + B 90 km + R 21 km) at stage 2 - 162 slots: 5500 UAH for members of NGO, and the basic registration fee is 6500 UAH;  
Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: 70.3 (S 1900 m + B 90 km + R 21 km) at stage 3 - 54 slots: 6500 UAH for members of NGO, and the basic registration fee is 7500 UAH.

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: 70.3. RELAY (S 1900 m + B 90 km + R 21 km) at stage 1 - 6 slots: 6300 UAH for members of NGO, and the basic registration fee is 7200 UAH;

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: 70.3. RELAY (S 1900 m + B 90 km + R 21 km) at stage 2 - 14 slots: 7200 UAH for members of NGO, and the basic registration fee is 8400 UAH;

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: 70.3. RELAY (S 1900 m + B 90 km + R 21 km) at stage 3 - 6 slots: 8100 UAH for members of NGO, and the basic registration fee is 9300 UAH.

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: SPRINT (S 750 m + B 20 km + R 5 km) at stage 1 - 22 slots: 2400 UAH for members of NGO, and the basic registration fee is 2800 UAH;

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: SPRINT (S 750 m + B 20 km + R 5 km) at stage 2 - 66 slots: 2700 UAH for members of NGO, and the basic registration fee is 3100 UAH;

Entry fee for the course DRAGON CAPITAL KYIV TRIATHLON: SPRINT (S 750 m + B 20 km + R 5 km) at stage 3 - 22 slots: 3100 UAH for members of NGO, and the basic registration fee is 3600 UAH.

Entry fee for the course SWIM 2 km at stage 1 - 17 slots: 1090 UAH for members of NGO, and the basic registration fee is 1250 UAH;

Entry fee for the course SWIM 2 km at stage 2 - 51 slots: 1290 UAH for members of NGO, and the basic registration fee is 1490 UAH;

Entry fee for the course SWIM 2 km at stage 3 - 17 slots: 1490 UAH for members of NGO, and the basic registration fee is 1700 UAH.

Money transfer commission is not included in the entry fee amount stated above.

Entry fee payment is to be made online using the Organizer's website [www.runukraine.org](http://www.runukraine.org).

### **12. Starter packs, receiving start packs**

The starter packs will be distributed on August 6 at Expo.

**The starter pack of a participant on the course DRAGON CAPITAL KYIV TRIATHLON 70.3 includes:**

- Temporary race number hand sticker for the Swim stage - 2 pcs.
- Swimming cap

- Race bib number with participant's name - 2 pcs. (for those registered by July 4, 2022)
- Accident insurance that covers participation in sports competitions on the day of the race
- Race number stickers for the helmet and the bike - 1 pack
- Plastic backpack for the Bike transit zone - 1 pc.
- Plastic backpack for the Run transit zone - 1 pc.
- Deposit backpack - 1 pc.
- Disposable slippers
- **Finisher's medal** (awarded if the whole distance is finished within the time limit)
- Souvenir participant backpack
- DRAGON CAPITAL KYIV TRIATHLON 70.3 participant badge
- Transit zone admission wristband
- Electronic Participant's Guide
- Maps of the route and Race Village
- Results capturing electronic chip for the ankle (must be returned, leased to the participant)
- Medical assistance
- Music along the route
- Changing rooms and luggage storage services
- Food and hydration stations: 1 at the Bike stage, 3 at the Run stage, and at the finish line
- Refreshment stations along the route
- Finisher's t-shirt
- Finisher's pack (an apple, a banana, water)
- Meal voucher after finishing
- Invitation to the Gala event
- SMS notification with the results
- Pic2Go services (photo and video)
- Special offers from our partners

**The starter pack of a participant on the course DRAGON CAPITAL KYIV TRIATHLON  
70.3.RELAY includes:**

- Temporary race number hand sticker for the Swim stage - 2 pcs.
- Swimming cap
- Race bib number with participant's name - 2 pcs. (for those registered by July 4, 2022)
- Accident insurance that covers participation in sports competitions on the day of the race - 3 pcs.
- Race number stickers for the helmet and the bike - 1 pack
- Plastic backpack for the Bike transit zone - 1 pc.
- Plastic backpack for the Run transit zone - 1 pc.
- Deposit backpack - 3 pcs.
- Disposable slippers - 1 pair
- Bag (backpack) for shoes
- **Finisher's medal** (awarded if the whole distance is finished within the time limit) - 3 pcs.
- DRAGON CAPITAL KYIV TRIATHLON 70.3 participant badge
- Transit zone admission wristband
- Electronic Participant's Guide
- Maps of the route and Race Village
- Results capturing electronic chip for the ankle (must be returned, leased to the participant)
- Medical assistance
- Music along the route
- Changing rooms and luggage storage services
- Food and hydration stations: 1 at the Bike stage, 3 at the Run stage, and at the finish line
- Refreshment stations along the route
- Finisher's pack (an apple, a banana, water)
- SMS notification with the results
- Pic2Go services (photo and video)
- Photo and video
- Special offers from our partners

## **The starter pack of a participant on the course DRAGON CAPITAL KYIV TRIATHLON:**

### **SPRINT includes:**

- Temporary race number hand sticker for the Swim stage - 2 pcs.
- Swimming cap
- Race bib number with participant's name - 2 pcs. (for those registered by July 4, 2022)
- Accident insurance that covers participation in sports competitions on the day of the race
- Race number stickers for the helmet and the bike - 1 pack
- Plastic backpack for the Bike transit zone - 1 pc.
- Plastic backpack for the Run transit zone - 1 pc.
- Deposit backpack - 1 pc.
- Disposable slippers
- Bag (backpack) for shoes
- **Finisher's medal** (awarded if the whole distance is finished within the time limit) - 3 pcs.
- Transit zone admission wristband
- Electronic Participant's Guide
- Maps of the route and Race Village
- Results capturing electronic chip for the ankle (must be returned, leased to the participant)
- Medical assistance
- Music along the route
- Changing rooms and luggage storage services
- Food and hydration stations: 1 at the Bike stage, 1 at the Run stage, and at the finish line
- Refreshment stations along the route
- Finisher's pack (an apple, a banana, water)
- SMS notification with the results
- Pic2Go services (photo and video)
- Special offers from our partners

### **The starter pack of a participant on the course SWIM 2 km includes:**

- Temporary race number hand sticker for the Swim stage - 2 pcs.
- Accident insurance that covers participation in sports competitions on the day of the race
- **Finisher's medal** (awarded if the whole distance is finished within the time limit)
- Results capturing electronic chip for the ankle (must be returned, leased to the participant)
- Deposit backpack
- Disposable slippers - 1 pair
- Swimming cap
- Changing rooms and luggage storage services
- Map of the route
- Electronic Participant's Guide
- Finisher's pack (an apple, a banana, water)
- Special offers from our partners

The participant must pick up the start pack on the designated distribution date. Start pack ownership rights are transferred to the participant on the distribution date, regardless of his or her presence or absence. In case of no show, the Organizers take on the responsibility of preserving the goods for one calendar month starting from the date of the Race. During this month the participant can obtain it directly from the Organizers or arrange to have it delivered by the courier service at his or her own expense. After one calendar month from the date of the Race is over, the Organizers withdraw any liability for the security of the product and have the right to dispose of it at any moment.

Participants are to pick up start packs in person upon presenting the starting letter and ID.

Participants that failed to join the Race can obtain their start packs within 30 days after the Race at the Organizer's office, having preliminary sent notification about their intention to do so by e-mail: [registration@runukraine.org](mailto:registration@runukraine.org). They also can place a request to have it delivered to a specified address.

Delivery of start packs is done at the expense of the participant. If possible, the Organizer arranges for partners to provide free delivery.

### **12.1. Starter pack delivery within Ukraine**

Participants may order starter pack delivery within Ukraine using “Nova Poshta” services in one week before the event. Delivery may be ordered automatically at registration or using “Orders” tab in the personal profile <https://runukraine.org/user/profile>. Starter pack delivery cost is 300 UAH (automatic return of the package in 7 days). In case a participant needs starter pack resent, they need to purchase a “Certificate for re-sending the starter pack” in the online store at the link <http://runukraine.org/shopping> and submit an individual application by sending an email to [registration@runukraine.org](mailto:registration@runukraine.org) with «Resending the starter pack No. *Delivery certificate number*» in the subject line and all the details in the body of the letter: project name, distance, and participant’s race number.

### **12.2. International starter pack delivery**

International starter pack delivery is possible within 30 days after the event. Delivery may be ordered automatically at registration or using “Orders” tab in the personal profile <https://runukraine.org/user/profile>. International starter pack delivery cost is 700 UAH. In case a participant needs starter pack resent internationally, they need to purchase a “Certificate for re-sending the starter pack internationally” in the online store at the link <http://runukraine.org/shopping> and submit an individual application by sending an email to [registration@runukraine.org](mailto:registration@runukraine.org) with «Resending the starter pack No. *Delivery certificate number* internationally» in the subject line and all the details in the body of the letter: project name, distance, and participant’s race number.

### **13. Team competitions (teams and relay) of triathletes**

Mixed teams from commercial and non-profit organizations consisting of 2 or 3 persons are permitted to participate in the relay.

If an organization can not find 3 members from within the organization, it can invite volunteers.

A team is considered registered if its representative filled out the application, registration form and paid the entry fee for the team.

Each participant is assigned a particular relay stage upon registration. The order of participants can be changed through August 06, 2022 on the website [runukraine.org](http://runukraine.org) in the participant’s personal profile.

#### **To participants’ attention:**

- During the relay race the procedure of baton transfer must take place in the relay transfer zone
- Each team gets ONE result capturing electronic chip
- The chip is attached to the leg and is transferred at the relay transfer stations
- The first participant starts the race with the chip attached to his/her leg
- Team members may not exchange numbers (especially relay participants)
- Finisher’s medals for all stages are awarded to the participant of the last stage upon crossing the finish line

Violation of any of the above rules will result in disqualification of the entire team.

The result of a relay team is the result of the last participant at the finish line of the last stage of the relay.

The result of a team is the sum of official results of all four team members.

Payment for participation in a corporate relay is performed by bank transfer on the basis of invoice issued by the Organizers. Documents confirming the payment should be sent to the email [registration@runukraine.org](mailto:registration@runukraine.org) no later than 10 days prior to the event. All questions regarding organization of corporate relay are to be sent to the email address [registration@runukraine.org](mailto:registration@runukraine.org).

### **14. For corporate teams:**

**For questions regarding terms of registration, please email [a.kaplina@runukraine.org](mailto:a.kaplina@runukraine.org)**

**Contact person - Alla Kaplina +380675776855.**

### 15. Food and Hydration Stations

Food stations and hydration stations are located at 5 km of the running stage and at the finish line. They have water, medical care, toilets and volunteer assistance available.

### 16. Award ceremony

#### Course 70.3:

On the course 70.3, awards are given to men and women in the category PRO winning places 1 through 5 in the absolute championship.

**The official time used for calculation of the overall ranking of men and women is the time since crossing the starting line (NET Time).**

#### Prize scale in case the Race takes place on the certified route

Prize scale, absolute championship (currency - UAH) :

Place	“Green zone” Race		“Yellow zone” Race	
	Men	Women	Men	Women
1	10000	10000	0	0
2	8000	8000	0	0
3	6000	6000	0	0
4	4000	4000	0	0
5	3000	3000	0	0

On the course 70.3 winners are awarded in age groups, places 1 through 3:

Men: 18-29, 30-39, 40-49, 50-59, 60 and older

Women: 18-29, 30-39, 40-49, 50-59, 60 and older

**The age of a participant is determined as of December 31 of the current year. Those awarded in absolute championship are not awarded in age groups. The places in age categories are assigned according to Net Time.**

Winners and medalists receive memorable prizes.

Age groups	Men			Women		
	1 place	2 place	3 place	1 place	2 place	3 place
18-29	diploma	diploma	diploma	diploma	diploma	diploma
30-39	diploma	diploma	diploma	diploma	diploma	diploma
40-49	diploma	diploma	diploma	diploma	diploma	diploma
50-59	diploma	diploma	diploma	diploma	diploma	diploma
60+	diploma	diploma	diploma	diploma	diploma	diploma

**Please, notice:**

- winners in the absolute championship on the course 70.3, men and women winning places 1 through 5, are not awarded in age groups.

- **participants participating in wheelchairs or those using any other type of mechanism when overcoming the course, are not awarded in absolute championship or in age groups on any course.**

### **DRAGON CAPITAL KYIV TRIATHLON: 70.3.RELAY**

On the course Relay 70.3 awards are given to the teams winning places 1 through 3 in absolute championship in three categories:

- men's teams only
- women's teams only
- mixed teams.

The winners receive memorable prizes.

**Please, notice!** Upon finishing, the winning teams must come to the Referee Tent to present identification documents to confirm stated make-up of the team.